

Center for Advanced Surgery

Surgery Guide for Adults

What will happen before my surgery?

We may ask you to go to the Preoperative Anesthesia Clinic before your surgery. This visit will let us check your overall health. It will also lower the chance your surgery is delayed or cancelled.

Things to bring to this clinic visit:

- Complete list of medicines you are taking
- Recent test reports you may have, including
 - Blood work
 - EKG
 - X-rays
- Results of any recent heart evaluations, including
 - Doctors notes
 - Test reports

Preoperative Anesthesia Clinic

Location: 1st floor, Wing D of the Kentucky Clinic

Hours: Monday-Friday, 8 a.m.-5:00 p.m.

Phone: 859-323-6950

Parking: Use the Kentucky Clinic or UK Hospital parking garages

You may not need to visit the Preoperative Anesthesia Clinic. In that case, a nurse will call you before your surgery. The nurse will go over your health history and give you details about your surgery. **It is very important you speak to a nurse before your surgery.** We may have to delay or cancel your surgery if you do not speak with the nurse.

The day before surgery

A nurse will call you the day before your surgery to tell you:

- **what time you need to get to the hospital**
- what time you need to stop eating and drinking

It is very important that you follow these instructions. We may have to delay or cancel your surgery if you do not follow these instructions.

Pre-Anesthesia Nurse

Phone: 859-323-5849 or 1-800-898-7644

Hours: 9 a.m.-5 p.m.

If you miss this call, please call 859-323-5849 or 1-800-898-7644 to speak with a nurse.

The day of surgery

- **Complete the attached Surgery Checklist.**
- Lobby space is limited. Please bring no more than 2 people with you for your surgery. An adult must be able to drive you home.
- Arrive on time. If you do not arrive on time, your surgery may be delayed or cancelled.
- **Park at the UK Hospital Garage at 110 Transcript Avenue.**

Center for Advanced Surgery

Surgery Guide for Children

What will happen before my child's surgery?

We may ask you to bring your child to the Preoperative Anesthesia Clinic before surgery based on their health history. This visit will let us check your child's overall health. It will also lower the chance the surgery is delayed or cancelled.

Things to bring to this clinic visit:

- Complete list of medicines your child takes
- Recent test reports for your child, including
 - Blood work
 - EKG
 - X-rays
- Results of any recent heart evaluations, including
 - Doctors notes
 - Test reports

Preoperative Anesthesia Clinic

Location: 1st floor, Wing D of the Kentucky Clinic

Hours: Monday-Friday, 8 a.m.-5:00 p.m.

Phone: 859-323-6950

Parking: Use the Kentucky Clinic or UK Hospital parking garages

Your child may not need to visit the Preoperative Anesthesia Clinic. In that case, a nurse will call you before your surgery. The nurse will go over your child's health history and give you details about the surgery. **It is very important you speak to a nurse before surgery.** We may have to delay or cancel your child's surgery if you do not speak with the nurse.

The day before surgery

A nurse will call you the day before your child's surgery to tell you:

- **what time you need to get to the hospital**
- what time your child needs to stop eating and drinking

It is very important that your child follow these instructions. We may have to delay or cancel the surgery if these instructions are not followed.

Pre-Anesthesia Nurse

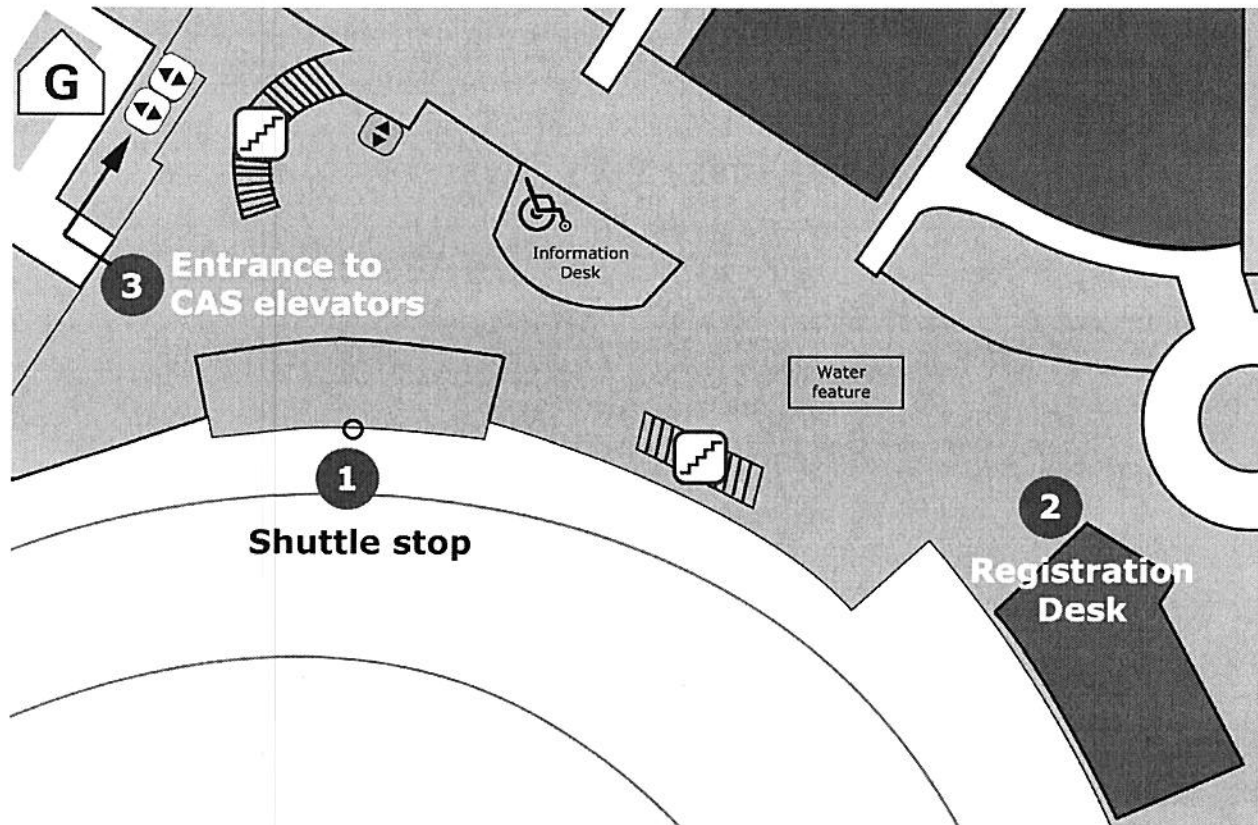
Hours: 9 a.m.-5 p.m.

Phone: 859-323-5849 or 1-800-898-7644

If you miss this call, please call 859-323-5849 or 1-800-898-7644 to speak with a nurse.

Eating and Drinking: We know it can be frustrating to keep your child from eating or drinking. But it is very important that your child's stomach be as empty as possible before getting anesthesia.

- After you park, take the elevators to Level A. The shuttle is on Level A.
- Take the shuttle from the garage to Pavilion A. It is the first shuttle stop.
- Exit the shuttle, then go to the Registration Desk. It is to the right of the entrance.
- The Registration staff will take your insurance information and confirm your name, birthday, address, and other information. They will then direct you to the CAS elevators.



When you arrive at the Center for Advanced Surgery

Once you leave Registration and have checked in at the CAS lobby:

- We will call you to the pre-op unit.
- One adult guest may go with you and stay with you until we take you to surgery. If that guest leaves, another may not take their place. .
- We will take your vital signs. You will change into a hospital gown. You will place all your belongings in a hospital bag.
- Your guest will need to take care of your belongings. There is no storage area for your belongings. At least one adult guest must stay in the CAS lobby at all times during your surgery.
- For adults with special needs, two adults may stay with them until we take them to surgery. One of these adults must be a legal guardian, if this applies.
- A pre-op nurse and an anesthesia team member will review your health history and ask about medicines you take. We will start an IV.

What will happen during my surgery?

- We will give your guests a card with your I.D. number. This helps track your progress.
- In the lobby, your guests can see your progress on the SmartTrac Screen. This screen is across from the lobby TV.
- We will give your guests a pager. It will flash and vibrate when they should come to the reception desk.
- Your doctor will talk to your guests after your surgery.

What will happen in the Recovery phase?

- You will be in Recovery when you wake up.
- We will watch your vital signs and treat your pain.
- You will get to drink liquids.
- You cannot have guests in Recovery. They will see you during your discharge.
- Adults with special needs may have one adult with them in recovery once they are awake and drinking fluids. This will depend on the safety and privacy needs of all patients in the Recovery area.
- If the adult leaves, another cannot take that person's place.
- Guests must be age 18 or over.

If you are being admitted to the hospital after surgery:

- You will stay in Recovery until your room is ready. One adult may be with you while you wait for your room. This will depend on the safety and privacy needs of all patients in the Recovery unit.
- If the adult leaves, another cannot take that person's place.

What will happen in the Discharge phase?

When you are ready to be discharged:

- Two guests may visit your bedside. One of them must be in charge of your home care.
- If a guest leaves, another cannot take that person's place.
- Children younger than 10 may not visit this unit.
- Once you can keep fluids down, we will take out your IV.
- Your driver will bring your car to the Pavilion A entrance. We will take you to your car by wheelchair.
- The Registration Desk can stamp 1 free parking pass per patient.
- Ask us if you need a school or work excuse.

For more information about our center, please visit <http://ukhealthcare.uky.edu/about/cas/>